



SALNIKOV CUP
INTERNATIONAL
SWIMMING COMPETITION

САНКТ-ПЕТЕРБУРГ
ЦВВС «НЕВСКАЯ ВОЛНА» УЛ. ДЖОНА РИДА, КОРП. 2

КУБОК ВЛАДИМИРА САЛЬНИКОВА

МЕЖДУНАРОДНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

**19-20
ДЕКАБРЯ
2025**

Event 134
20.12.2025 - 19:01

Women, 400m Medley

Results

WR	4:15.48	MCINTOSH Summer	CAN	Budapest (HUN)	14.12.2024
WJ	4:15.48	MCINTOSH Summer	CAN	Budapest (HUN)	14.12.2024
CR	4:26.84		HUN	-	01.01.1800

Points: AQUA 2025

								R.T.				
1.	ZVIAGINTSEVA Irina	03.05.2000	Saint-Petersburg	RUS	+0,68	4:35.58				796		
	25m:	13.06	13.06	125m:	1:20.50	18.15	225m:	2:32.25	19.39	325m:	3:48.34	16.84
	50m:	29.09	16.03	150m:	1:37.93	17.43	250m:	2:51.82	19.57	350m:	4:04.28	15.94
	75m:	45.69	16.60	175m:	1:55.63	17.70	275m:	3:11.31	19.49	375m:	4:20.26	15.98
	100m:	1:02.35	16.66	200m:	2:12.86	17.23	300m:	3:31.50	20.19	400m:	4:35.58	15.32
2.	LEIKINA Polina	21.07.2008	Moscow Region	RUS	+0,74	4:38.56				771		
	25m:	13.55	13.55	125m:	1:21.15	17.75	225m:	2:33.76	20.31	325m:	3:50.92	16.69
	50m:	29.64	16.09	150m:	1:38.36	17.21	250m:	2:53.67	19.91	350m:	4:06.83	15.91
	75m:	46.38	16.74	175m:	1:55.86	17.50	275m:	3:14.08	20.41	375m:	4:23.05	16.22
	100m:	1:03.40	17.02	200m:	2:13.45	17.59	300m:	3:34.23	20.15	400m:	4:38.56	15.51
3.	RZAEVA Anna	21.07.2009	Omsk Region	RUS	+0,74	4:40.85				752		
	25m:	13.64	13.64	125m:	1:22.84	18.17	225m:	2:34.70	19.86	325m:	3:53.06	16.38
	50m:	30.20	16.56	150m:	1:40.07	17.23	250m:	2:55.30	20.60	350m:	4:09.15	16.09
	75m:	47.29	17.09	175m:	1:57.47	17.40	275m:	3:15.98	20.68	375m:	4:25.17	16.02
	100m:	1:04.67	17.38	200m:	2:14.84	17.37	300m:	3:36.68	20.70	400m:	4:40.85	15.68
4.	CHERNYSHOVA Anastasiia	21.06.2010	Republic of Tatarstan	RUS	+0,76	4:41.52				747		
	25m:	13.78	13.78	125m:	1:22.58	18.77	225m:	2:36.70	20.69	325m:	3:55.18	16.26
	50m:	30.00	16.22	150m:	1:40.28	17.70	250m:	2:57.29	20.59	350m:	4:10.84	15.66
	75m:	46.73	16.73	175m:	1:58.20	17.92	275m:	3:17.83	20.54	375m:	4:26.63	15.79
	100m:	1:03.81	17.08	200m:	2:16.01	17.81	300m:	3:38.92	21.09	400m:	4:41.52	14.89
5.	SOROKINA Anastasiia	01.06.2004	Krasnodar Territory	RUS	+0,70	4:42.77				737		
	25m:	13.51	13.51	125m:	1:23.36	18.53	225m:	2:36.93	20.14	325m:	3:54.32	16.73
	50m:	30.24	16.73	150m:	1:41.31	17.95	250m:	2:57.21	20.28	350m:	4:10.43	16.11
	75m:	47.48	17.24	175m:	1:59.22	17.91	275m:	3:17.49	20.28	375m:	4:26.62	16.19
	100m:	1:04.83	17.35	200m:	2:16.79	17.57	300m:	3:37.59	20.10	400m:	4:42.77	16.15
6.	TOKAREVA Viktoriia	09.06.2009	Volgograd Region	RUS	+0,80	4:43.54				731		
	25m:	13.50	13.50	125m:	1:22.48	18.88	225m:	2:36.84	20.36	325m:	3:55.06	16.68
	50m:	29.76	16.26	150m:	1:40.59	18.11	250m:	2:57.03	20.19	350m:	4:11.49	16.43
	75m:	46.67	16.91	175m:	1:58.63	18.04	275m:	3:17.66	20.63	375m:	4:27.78	16.29
	100m:	1:03.60	16.93	200m:	2:16.48	17.85	300m:	3:38.38	20.72	400m:	4:43.54	15.76
7.	TSVETKOVSKAIA Aleksandra	17.09.2002	Voronezh Region	RUS	+0,75	4:51.08				676		
	25m:	13.55	13.55	125m:	1:23.75	18.93	225m:	2:38.80	20.96	325m:	4:00.71	17.51
	50m:	29.79	16.24	150m:	1:41.73	17.98	250m:	3:00.28	21.48	350m:	4:17.53	16.82
	75m:	46.65	16.86	175m:	1:59.99	18.26	275m:	3:21.30	21.02	375m:	4:34.63	17.10
	100m:	1:04.82	18.17	200m:	2:17.84	17.85	300m:	3:43.20	21.90	400m:	4:51.08	16.45
8.	SHLEIKA Aliaksandra	19.01.2007	Belarus	BLR	+0,75	4:56.74				638		
	25m:	14.47	14.47	125m:	1:28.92	19.83	225m:	2:46.31	21.13	325m:	4:07.36	17.20
	50m:	32.02	17.55	150m:	1:47.51	18.59	250m:	3:07.79	21.48	350m:	4:23.82	16.46
	75m:	50.19	18.17	175m:	2:06.40	18.89	275m:	3:28.76	20.97	375m:	4:40.44	16.62
	100m:	1:09.09	18.90	200m:	2:25.18	18.78	300m:	3:50.16	21.40	400m:	4:56.74	16.30
9.	IVAKHNO Daria	23.02.2010	Voronezh Region	RUS	+0,72	4:59.21				622		
	25m:	14.74	14.74	125m:	1:29.17	19.27	225m:	2:47.38	21.98	325m:	4:09.92	16.42
	50m:	32.40	17.66	150m:	1:47.66	18.49	250m:	3:09.40	22.02	350m:	4:26.37	16.45
	75m:	50.70	18.30	175m:	2:06.69	19.03	275m:	3:31.40	22.00	375m:	4:42.77	16.40
	100m:	1:09.90	19.20	200m:	2:25.40	18.71	300m:	3:53.50	22.10	400m:	4:59.21	16.44

