

# 19-21

## ДЕКАБРЯ 2024



# XVIII КУБОК

## ВЛАДИМИРА САЛЬНИКОВА

МЕЖДУНАРОДНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

9

, 400m

19.12.2024 - 10:26

WR	3:54.81	SETO Daiya	JPN	Las Vegas (USA)	20.12.2019
WJ	3:56.47	BORODIN Ilya	RUS	Abu Dhabi (UAE)	20.12.2021
CR	3:57.88		RUS	-	16.12.2022

: AQUA 2024

								R.T.				
1.			2000				RUS	+0,62	<b>4:08.44</b>	844	Q	
	25m:	11.53	11.53	125m:	1:12.20	16.17	225m:	2:16.92	17.81	325m:	3:26.12	15.07
	50m:	25.87	14.34	150m:	1:27.93	15.73	250m:	2:34.80	17.88	350m:	3:40.60	14.48
	75m:	40.81	14.94	175m:	1:43.58	15.65	275m:	2:52.89	18.09	375m:	3:54.64	14.04
	100m:	56.03	15.22	200m:	1:59.11	15.53	300m:	3:11.05	18.16	400m:	4:08.44	13.80
2.			2003				RUS	+0,68	<b>4:09.08</b>	837	Q	
	25m:	11.77	11.77	125m:	1:12.77	16.51	225m:	2:17.68	17.42	325m:	3:26.12	15.62
	50m:	26.11	14.34	150m:	1:28.87	16.10	250m:	2:35.26	17.58	350m:	3:40.71	14.59
	75m:	40.93	14.82	175m:	1:44.58	15.71	275m:	2:52.59	17.33	375m:	3:55.19	14.48
	100m:	56.26	15.33	200m:	2:00.26	15.68	300m:	3:10.50	17.91	400m:	4:09.08	13.89
3.			1999				RUS	+0,72	<b>4:13.37</b>	795	Q	
	25m:	12.07	12.07	125m:	1:14.15	17.03	225m:	2:20.79	17.57	325m:	3:29.07	15.44
	50m:	26.64	14.57	150m:	1:30.48	16.33	250m:	2:38.26	17.47	350m:	3:44.23	15.16
	75m:	41.74	15.10	175m:	1:46.76	16.28	275m:	2:55.86	17.60	375m:	3:59.23	15.00
	100m:	57.12	15.38	200m:	2:03.22	16.46	300m:	3:13.63	17.77	400m:	4:13.37	14.14
4.			2003				RUS	+0,50	<b>4:13.45</b>	795	Q	
	25m:	11.75	11.75	125m:	1:13.38	16.76	225m:	2:19.26	17.89	325m:	3:29.71	15.28
	50m:	26.19	14.44	150m:	1:29.71	16.33	250m:	2:37.70	18.44	350m:	3:44.58	14.87
	75m:	41.12	14.93	175m:	1:45.72	16.01	275m:	2:55.80	18.10	375m:	3:59.25	14.67
	100m:	56.62	15.50	200m:	2:01.37	15.65	300m:	3:14.43	18.63	400m:	4:13.45	14.20
5.			2007	-			RUS	+0,58	<b>4:14.78</b>	782	Q	
	25m:	12.28	12.28	125m:	1:14.37	16.67	225m:	2:20.46	18.43	325m:	3:31.12	15.24
	50m:	26.90	14.62	150m:	1:30.39	16.02	250m:	2:38.51	18.05	350m:	3:45.82	14.70
	75m:	42.17	15.27	175m:	1:46.34	15.95	275m:	2:57.03	18.52	375m:	4:00.54	14.72
	100m:	57.70	15.53	200m:	2:02.03	15.69	300m:	3:15.88	18.85	400m:	4:14.78	14.24
6.			1996				RUS	+0,67	<b>4:14.95</b>	781	Q	
	25m:	12.00	12.00	125m:	1:15.66	16.83	225m:	2:20.82	17.33	325m:	3:30.38	15.94
	50m:	27.26	15.26	150m:	1:31.67	16.01	250m:	2:38.68	17.86	350m:	3:45.41	15.03
	75m:	42.83	15.57	175m:	1:47.76	16.09	275m:	2:56.51	17.83	375m:	4:00.57	15.16
	100m:	58.83	16.00	200m:	2:03.49	15.73	300m:	3:14.44	17.93	400m:	4:14.95	14.38
7.			2007				RUS	+0,67	<b>4:15.28</b>	778	Q	
	25m:	11.97	11.97	125m:	1:16.21	16.67	225m:	2:23.11	17.37	325m:	3:31.79	14.86
	50m:	27.09	15.12	150m:	1:32.70	16.49	250m:	2:41.46	18.35	350m:	3:46.65	14.86
	75m:	43.02	15.93	175m:	1:49.68	16.98	275m:	2:59.21	17.75	375m:	4:01.45	14.80
	100m:	59.54	16.52	200m:	2:05.74	16.06	300m:	3:16.93	17.72	400m:	4:15.28	13.83
8.			2001	-			RUS	+0,67	<b>4:16.12</b>	770	Q	
	25m:	11.84	11.84	125m:	1:13.42	16.83	225m:	2:20.17	18.21	325m:	3:31.77	16.05
	50m:	26.48	14.64	150m:	1:29.55	16.13	250m:	2:38.68	18.51	350m:	3:46.86	15.09
	75m:	41.32	14.84	175m:	1:45.58	16.03	275m:	2:57.17	18.49	375m:	4:01.68	14.82
	100m:	56.59	15.27	200m:	2:01.96	16.38	300m:	3:15.72	18.55	400m:	4:16.12	14.44
9.			2003	-			RUS	+0,57	<b>4:17.71</b>	756	R	
	25m:	12.56	12.56	125m:	1:16.37	16.48	225m:	2:22.26	17.85	325m:	3:32.34	15.84
	50m:	27.99	15.43	150m:	1:32.37	16.00	250m:	2:40.17	17.91	350m:	3:47.37	15.03
	75m:	43.62	15.63	175m:	1:48.39	16.02	275m:	2:58.17	18.00	375m:	4:02.74	15.37
	100m:	59.89	16.27	200m:	2:04.41	16.02	300m:	3:16.50	18.33	400m:	4:17.71	14.97
10.			2006				RUS	+0,68	<b>4:18.75</b>	747	R	
	25m:	11.94	11.94	125m:	1:15.14	16.60	225m:	2:22.09	18.25	325m:	3:33.08	15.76
	50m:	26.72	14.78	150m:	1:31.14	16.00	250m:	2:40.05	17.96	350m:	3:48.22	15.14
	75m:	42.36	15.64	175m:	1:47.71	16.57	275m:	2:58.78	18.73	375m:	4:03.79	15.57
	100m:	58.54	16.18	200m:	2:03.84	16.13	300m:	3:17.32	18.54	400m:	4:18.75	14.96

СПОНСОРЫ СОРЕВНОВАНИЙ:



**19-21**  
**декабря 2024**



# XVIII КУБОК ВЛАДИМИРА САЛЬНИКОВА

МЕЖДУНАРОДНЫЕ СОРЕБНОВАНИЯ ПО ПЛАВАНИЮ

9, , 400m

								R.T.			
11.			2004				RUS		<b>4:20.09</b>		735
	25m:	12.11	125m:	1:16.54	17.57	225m:	2:25.21	18.24	325m:	3:36.35	15.45
	50m:	27.30	150m:	1:33.45	16.91	250m:	2:43.73	18.52	350m:	3:51.05	14.70
	75m:	43.04	175m:	1:50.37	16.92	275m:	3:02.23	18.50	375m:	4:05.87	14.82
	100m:	58.97	200m:	2:06.97	16.60	300m:	3:20.90	18.67	400m:	4:20.09	14.22
12.			2004				RUS	+0,65	<b>4:23.30</b>		709
	25m:	12.37	125m:	1:16.13	17.02	225m:	2:24.49	18.88	325m:	3:38.66	16.33
	50m:	27.37	150m:	1:32.67	16.54	250m:	2:43.28	18.79	350m:	3:54.12	15.46
	75m:	42.89	175m:	1:49.37	16.70	275m:	3:02.52	19.24	375m:	4:08.77	14.65
	100m:	59.11	200m:	2:05.61	16.24	300m:	3:22.33	19.81	400m:	4:23.30	14.53
13.			2005	-			RUS	+0,74	<b>4:24.08</b>		702
	25m:	12.56	125m:	1:17.87	17.67	225m:	2:26.61	18.39	325m:	3:38.22	15.88
	50m:	27.84	150m:	1:34.75	16.88	250m:	2:45.17	18.56	350m:	3:53.89	15.67
	75m:	43.75	175m:	1:51.79	17.04	275m:	3:03.56	18.39	375m:	4:09.02	15.13
	100m:	1:00.20	200m:	2:08.22	16.43	300m:	3:22.34	18.78	400m:	4:24.08	15.06
14.			2004				RUS	+0,69	<b>4:24.30</b>		701
	25m:	12.46	125m:	1:16.77	17.48	225m:	2:25.31	18.57	325m:	3:38.63	15.78
	50m:	27.71	150m:	1:33.44	16.67	250m:	2:44.18	18.87	350m:	3:53.94	15.31
	75m:	43.29	175m:	1:50.06	16.62	275m:	3:03.35	19.17	375m:	4:09.22	15.28
	100m:	59.29	200m:	2:06.74	16.68	300m:	3:22.85	19.50	400m:	4:24.30	15.08
15.			2005				RUS		<b>4:24.50</b>		699
	25m:	12.88	125m:	1:19.17	17.68	225m:	2:28.09	18.02	325m:	3:38.43	16.03
	50m:	28.67	150m:	1:36.36	17.19	250m:	2:46.07	17.98	350m:	3:53.66	15.23
	75m:	44.93	175m:	1:53.47	17.11	275m:	3:04.25	18.18	375m:	4:09.24	15.58
	100m:	1:01.49	200m:	2:10.07	16.60	300m:	3:22.40	18.15	400m:	4:24.50	15.26
16.			2009	-			RUS		<b>4:24.82</b>		697
	25m:	11.98	125m:	1:17.08	17.68	225m:	2:25.99	18.23	325m:	3:38.22	16.47
	50m:	27.25	150m:	1:34.29	17.21	250m:	2:44.44	18.45	350m:	3:53.99	15.77
	75m:	43.08	175m:	1:51.07	16.78	275m:	3:03.02	18.58	375m:	4:09.88	15.89
	100m:	59.40	200m:	2:07.76	16.69	300m:	3:21.75	18.73	400m:	4:24.82	14.94
17.			2003				RUS	+0,56	<b>4:28.82</b>		666
	25m:	13.34	125m:	1:20.63	18.24	225m:	2:32.14	18.79	325m:	3:44.60	15.81
	50m:	29.24	150m:	1:38.24	17.61	250m:	2:51.00	18.86	350m:	3:59.61	15.01
	75m:	45.53	175m:	1:55.76	17.52	275m:	3:10.04	19.04	375m:	4:14.52	14.91
	100m:	1:02.39	200m:	2:13.35	17.59	300m:	3:28.79	18.75	400m:	4:28.82	14.30
18.			2008				RUS	+0,74	<b>4:29.54</b>		661
	25m:	12.53	125m:	1:17.83	17.58	225m:	2:27.80	19.54	325m:	3:44.16	15.30
	50m:	28.02	150m:	1:34.62	16.79	250m:	2:47.94	20.14	350m:	3:59.02	14.86
	75m:	43.92	175m:	1:51.44	16.82	275m:	3:08.05	20.11	375m:	4:14.48	15.46
	100m:	1:00.25	200m:	2:08.26	16.82	300m:	3:28.86	20.81	400m:	4:29.54	15.06

СПОНСОРЫ СОРЕБНОВАНИЙ:

