



X International Swimming Competitions  
**Vladimir Salnikov Cup**  
**Кубок Владимира Сальникова**  
 X международные соревнования по плаванию



26  
 17.12.2016 - 10:54

, 400m

: FINA 2016

								R.T.				FINA
1.				1991	-			RUS	+0,76	<b>4:06.11</b>		865 A
	50m:	29.13	29.13	150m:	1:31.86	31.39	250m:	2:33.82	31.01	350m:	3:35.58	30.99
	100m:	1:00.47	31.34	200m:	2:02.81	30.95	300m:	3:04.59	30.77	400m:	4:06.11	30.53
2.				1998				RUS	+0,74	<b>4:08.72</b>		838 A
	50m:	28.57	28.57	150m:	1:32.24	31.79	250m:	2:35.27	31.33	350m:	3:37.68	31.32
	100m:	1:00.45	31.88	200m:	2:03.94	31.70	300m:	3:06.36	31.09	400m:	4:08.72	31.04
3.				1999				RUS	+0,64	<b>4:09.96</b>		825 A
	50m:	29.72	29.72	150m:	1:33.21	31.83	250m:	2:36.81	31.63	350m:	3:39.48	31.23
	100m:	1:01.38	31.66	200m:	2:05.18	31.97	300m:	3:08.25	31.44	400m:	4:09.96	30.48
4.				2000				RUS	+0,71	<b>4:11.54</b>		810 A
	50m:	29.52	29.52	150m:	1:33.09	31.38	250m:	2:36.92	31.98	350m:	3:40.46	31.62
	100m:	1:01.71	32.19	200m:	2:04.94	31.85	300m:	3:08.84	31.92	400m:	4:11.54	31.08
5.				2000				RUS	+0,67	<b>4:13.20</b>		794 A
	50m:	29.71	29.71	150m:	1:34.24	32.21	250m:	2:37.92	31.60	350m:	3:41.70	31.63
	100m:	1:02.03	32.32	200m:	2:06.32	32.08	300m:	3:10.07	32.15	400m:	4:13.20	31.50
6.				1999				RUS	+0,70	<b>4:14.10</b>		786 A
	50m:	29.47	29.47	150m:	1:34.02	32.36	250m:	2:38.73	32.26	350m:	3:42.83	31.98
	100m:	1:01.66	32.19	200m:	2:06.47	32.45	300m:	3:10.85	32.12	400m:	4:14.10	31.27
7.				1997	-	-		RUS	+0,72	<b>4:14.32</b>		784 A
	50m:	29.76	29.76	150m:	1:33.72	31.82	250m:	2:37.81	31.94	350m:	3:42.72	32.52
	100m:	1:01.90	32.14	200m:	2:05.87	32.15	300m:	3:10.20	32.39	400m:	4:14.32	31.60
8.				1989				RUS	+0,87	<b>4:15.56</b>		772 A
	50m:	29.70	29.70	150m:	1:33.33	31.93	250m:	2:38.24	32.58	350m:	3:43.50	32.61
	100m:	1:01.40	31.70	200m:	2:05.66	32.33	300m:	3:10.89	32.65	400m:	4:15.56	32.06
9.				1995				RUS	+0,67	<b>4:17.61</b>		754 R
	50m:	30.18	30.18	150m:	1:34.74	32.48	250m:	2:39.36	32.20	350m:	3:45.19	33.17
	100m:	1:02.26	32.08	200m:	2:07.16	32.42	300m:	3:12.02	32.66	400m:	4:17.61	32.42
10.				1994	-	-		RUS	+0,83	<b>4:18.05</b>		750 R
	50m:	30.64	30.64	150m:	1:35.68	32.64	250m:	2:41.64	32.91	350m:	3:46.71	32.28
	100m:	1:03.04	32.40	200m:	2:08.73	33.05	300m:	3:14.43	32.79	400m:	4:18.05	31.34
11.				1986				RUS	+0,76	<b>4:19.32</b>		739
	50m:	29.46	29.46	150m:	1:33.97	32.34	250m:	2:39.74	32.89	350m:	3:46.25	33.40
	100m:	1:01.63	32.17	200m:	2:06.85	32.88	300m:	3:12.85	33.11	400m:	4:19.32	33.07
12.				1998				RUS	+0,74	<b>4:20.15</b>		732
	50m:	30.50	30.50	150m:	1:36.98	33.17	250m:	2:41.06	31.83	350m:	3:47.67	33.84
	100m:	1:03.81	33.31	200m:	2:09.23	32.25	300m:	3:13.83	32.77	400m:	4:20.15	32.48
13.				1999				RUS	+0,82	<b>4:21.45</b>		721
	50m:	30.26	30.26	150m:	1:35.83	32.96	250m:	2:41.90	33.01	350m:	3:48.10	33.48
	100m:	1:02.87	32.61	200m:	2:08.89	33.06	300m:	3:14.62	32.72	400m:	4:21.45	33.35
14.				2000				RUS	+0,76	<b>4:22.28</b>		714
	50m:	30.76	30.76	150m:	1:38.77	34.11	250m:	2:44.81	32.85	350m:	3:50.60	33.02
	100m:	1:04.66	33.90	200m:	2:11.96	33.19	300m:	3:17.58	32.77	400m:	4:22.28	31.68
15.				1999				RUS	+0,81	<b>4:22.42</b>		713
	50m:	30.31	30.31	150m:	1:37.19	33.67	250m:	2:43.69	32.98	350m:	3:49.92	33.18
	100m:	1:03.52	33.21	200m:	2:10.71	33.52	300m:	3:16.74	33.05	400m:	4:22.42	32.50
16.				1992				RUS	+0,84	<b>4:22.53</b>		712
	50m:	30.13	30.13	150m:	1:36.19	33.24	250m:	2:42.98	33.56	350m:	3:50.50	33.67
	100m:	1:02.95	32.82	200m:	2:09.42	33.23	300m:	3:16.83	33.85	400m:	4:22.53	32.03
17.				2000	-	-		RUS	+0,75	<b>4:25.61</b>		688
	50m:	31.61	31.61	150m:	1:38.97	33.66	250m:	2:45.35	33.02	350m:	3:52.22	33.56
	100m:	1:05.31	33.70	200m:	2:12.33	33.36	300m:	3:18.66	33.31	400m:	4:25.61	33.39
18.				2000				RUS	+0,81	<b>4:25.82</b>		686
	50m:	31.80	31.80	150m:	1:39.79	33.71	250m:	2:46.89	33.31	350m:	3:53.94	33.34
	100m:	1:06.08	34.28	200m:	2:13.58	33.79	300m:	3:20.60	33.71	400m:	4:25.82	31.88





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		26, , 400m											
				/				R.T.				FINA	
19.				1996	-			RUS	+0,90	<b>4:28.93</b>		663	
	50m:	30.61	30.61	150m:	1:37.80	33.97	250m:	2:46.35	34.50	350m:	3:55.97	34.96	
	100m:	1:03.83	33.22	200m:	2:11.85	34.05	300m:	3:21.01	34.66	400m:	4:28.93	32.96	
20.				2000	-			RUS	+0,68	<b>4:31.85</b>		642	
	50m:	30.74	30.74	150m:	1:40.23	35.07	250m:	2:50.77	35.46	350m:	3:59.56	33.77	
	100m:	1:05.16	34.42	200m:	2:15.31	35.08	300m:	3:25.79	35.02	400m:	4:31.85	32.29	
21.				1996	-			RUS	+0,78	<b>4:32.93</b>		634	
	50m:	31.54	31.54	150m:	1:40.32	34.57	250m:	2:50.09	35.16	350m:	3:59.29	34.39	
	100m:	1:05.75	34.21	200m:	2:14.93	34.61	300m:	3:24.90	34.81	400m:	4:32.93	33.64	
22.				1999				RUS	+0,83	<b>4:39.29</b>		592	
	50m:	31.39	31.39	150m:	1:41.68	35.48	250m:	2:53.86	36.17	350m:	4:05.09	35.55	
	100m:	1:06.20	34.81	200m:	2:17.69	36.01	300m:	3:29.54	35.68	400m:	4:39.29	34.20	
DNS				1997				KAZ					

